



**GERALD MOTTL, 19-E DISTRICT GOVERNOR**  
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 "Look to the future and turn it around!"



**DISTRICT 19-E MONTHLY NEWSLETTER - December, 2011**      **volume 11-12, issue 6**

**From District Governor Gerald...**

The first half of the Lion year 2011/2012 is almost over and Ena and I will have visited 45 clubs by New Year. We met many great Lion members and have received a warm welcome everywhere.

The month of November has seen 25 new members and a loss of 84 members since July. Thank you to all the clubs. **ASK, ASK, ASK** with passion and belief in Lionism. Tell them we need their help to make our communities better places to work, live and bring up our children. If we practice this, we can be more effective in gaining new members.

**YOU CAN DO IT !!! - TRY IT !!! - YOU MIGHT LIKE IT !!!**

Dues are coming up on January 1<sup>st</sup>. Check with your Treasurers that all dues are up to date.

**MERRY CHRISTMAS AND HAPPY NEW YEAR TO ALL!**

*DG Gerald*

**Welcome New Lions!!!**



Let's give a **GREAT BIG WELCOME** to the following new Lions:

- ALMIRA:** Joshua Bafus, Joshua St.John
- MARK CREEK:** Michael Waites
- FAIRMONT:** Brenda Callaghan
- CRANBROOK:** Josh Eimer
- OSBURN:** Kathy Soles
- REARDAN:** Dawnette Johnson, Johnathan Macielewicz
- WILBUR:** Ron Conway, Todd Rodrigues, Justin Schmierer
- TRAIL:** Steve Keet
- CHEWELAH VALLEY:** Cindy Hogan, Kim Hogan
- SANDPOINT:** Terry Spade
- CASTLEGAR-SELKIRK:** Antonio DaCosta, Connie Lew
- SPOKANE-SUBURBAN NORTH:** Matt Krieg



**Club Anniversaries**

**Almira – 59      Rosalia – 48      Cranbrook – 64      Sparwood – 40      Trail – 31**

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## Important Dates

**Northwest Lions Leadership Institute** - Feb 9-12, 2012

**District "E" Spring Conference** - Apr 27,28 - 2012 in Fernie B.C.

**95th International Convention** - June 22-26, 2012 in Busan, Korea

**2012 Fall Annual Convention** - Oct 11-13, 2012 in Nanaimo, BC

## **From 1st VDG Laura...**

As you are doing any shopping, you will soon realize we are in the Holiday Season. I know we are all busy with activities with our families, friends, Lions and our community, but this is the time of the year to step back and reflect on the people and activities that are important to us and the blessings we have. I want to thank each of you for being some of my most important blessings. As I read your reports each month, I truly have joy for the way our clubs are making such a difference in the lives of our communities. Whether you are cutting firewood to sell or give away to support your community, supporting medical needs, sponsoring the Peace Poster contest, sponsoring a Leo's club, donating to the local food bank, providing Christmas to a Vet's family, planting trees or visiting other clubs, you are truly serving as Lions. I am blessed by each Lion in our District. I am amazed at the diversity of activities your clubs are doing to benefit your community. If your club has not sent in a report and need some help, please let me know. I would like to know what each club is doing and how your leadership team can support you. Even though this time of the year is so busy, I encourage you to take time for yourself, be healthy, tell others how important they are to you and enjoy being a Lion and serving.

May you celebrate this joyful and blessed season in the manner of your individual faith.

*"I wish you Happy Holidays,*

*I say it like a prayer.*

*When you wake each wondrous morning,*

*May the spirit of the season into your heart descend.*

*I wish you Happy Holidays,*

*It means you are my friends."*

*VDG Laura*

## Visitation Schedule



06-Dec Tue	Beaver Valley
12-Dec Mon	Rockford
13-Dec Tue	Spokane-North
15-Dec Thur	Creston
20 Dec Tue	Nelson
25-Dec Mon	Christmas Day
26-Dec Tue	Boxing Day (CA)
01-Jan Sun	New Years Day
03-Jan Tue	Wasa
10-Jan Tue	Kootenay Lake
24-Jan Tue	Hauser Lake
01-Feb Wed	Baynes Lake

01-Feb Wed	Sand Creek
02-Feb Thur	Elkford
02-Feb Thur	Fernie
02-Feb Thur	Sparwood
08-Feb Wed	Sand Creek
08-Feb Wed	Baynes Lake
14-Feb Tue	Valentine's Day
15-Feb Wed	Mark Creek
23-26 Feb	Winter Council Meeting
26-Feb Sun	Council of Governors

## District 19E Webpage



Hope everyone has had an opportunity to check out the new District 19E webpage. It is still a work in progress but has a lot of data. You can get Cabinet members & Zone Chairpersons names and emails. Info Tech Chair PDG John has put a lot of time and effort in it. You can find it at [e-district.org/sites/19e/](http://e-district.org/sites/19e/) The user name is your user name and the password is weserve19E While there, be sure to follow the links to the "Rockin' the Vest" Lions video.

### E-Mail Alert

Anyone receiving an E-Mail from [lion.Ali.Bayoumi7@gmail.com](mailto:lion.Ali.Bayoumi7@gmail.com)  
This is a FRAUD so PLEASE JUST DELETE IT!  
PID Ed Lecius

Info & Technology Chair, [jmacpher@shaw.ca](mailto:jmacpher@shaw.ca)

*PDG John*

### From Ena Mottl, wife of 19E DG Mottl

We are coming up on the half year mark of the Lion year and it is the busiest time of the year for most of us. With Christmas and New Year just around the corner, those of you with young children are going to be getting ready for Santa and cooking up wonderful treats for everyone.

I look back on the wonderful times we had with our children during the holidays and throughout the years. I wish one and all the best for Christmas and 2012.

*Lion Ena*

### Give a Gift of Independence



One of the many services provided by Leader Dogs for the Blind is providing clients with a GPS voice navigator, the Kaptan PLUS. This device combines satellite geo-location (GPS) with voice interaction (speech synthesis and voice recognition) to allow a user to locate the best route to travel to their destination. When the name of a location is said, the Kaptan PLUS will speak directions aloud. This allows greater independence to someone who is visually impaired. They no longer need to have a sighted person accompany them or have to rely on strangers to give them information on the street corner they are on. They can also get the time of day and receive calls using the Kaptan PLUS.

In checking the internet, I have found this device for sale for up to \$499.95. Leader Dogs for the Blind will provide it free of charge to their clients! In an effort to be able to purchase more of these devices for distribution to those who need them, Leader Dogs for the Blind is asking clubs to make a special one-time donation of \$295.00. If your club would like to give the gift of independence to someone who is visually impaired, please send a check, made out to Leader Dogs for the Blind, with the notation "Kaptan PLUS" on the memo line, and send it to:

Kim Di Rienz, Leader Dog Chair  
PO Box 526  
Metaline Falls, WA 99153

I will record the donation for the Zone and District totals and will forward it on to Leader Dogs. Also, please let me know of anyone who may benefit from receiving one of these devices so I can share that information with Leader Dogs

*Leader Dog Chair Kim*

## USA/CANADA Lions Leadership Forum

September 13 – 15, 2012, Tampa Bay, Florida

We now have information on early bird Registration and Hotel Accommodations. For more information visit: <https://usacanalionsforum.org/> We also have a YouTube video for you to watch. <http://www.youtube.com/watch?v=c5YfPolyZ4&feature=youtu.be> So start thinking about going to this outstanding event.

*P3C Lion Cheryl Ekler*



The Grand Coulee Dam Lions gave \$500.00 to the Care & Share Food Bank just before Thanksgiving for the Holidays.

President Holly Allen and Vice President Dana Avey presented the check to Fern Blaylock at the Food Bank.

### What is a Canine Vision Dog Guide?

Canine Vision Dog Guides help increase the mobility and self confidence of people who are blind or visually impaired by enabling them to travel safely through crowded areas, traffic and around obstacles. Providing a Dog Guide to a person who is blind or visually impaired brings comfort in knowing “they will never walk alone”.

So would the Canadian Lion Clubs of district 19E help to raise funds for the training of these very important dogs? This can be done either by including an amount of money in their yearly budgets or by holding a “Walk for Dog Guides” fund raiser. Your help with this fund will insure that more blind people will never walk alone.

For information on hosting a Walk for Guide Dogs you can contact the following and he will send you a Walk for Guide Dog Kit, which will show you step by step how to host a walk.

Lions Foundation of Canada Dog Guides

P.O. Box 907

152 Wilson Street

Oakville, Ontario L6J 5E8

Phone 1-800-768-3030

Attention: David Nash Ext. 238

Purina, Walk for Dog Guides

Lions Foundation of Canada, [sandy.inman@shaw.ca](mailto:sandy.inman@shaw.ca)

*Lion Bill*

### Spokane-Hillyard Lions

Meetings in December are canceled due to work load. Next meeting will be January 03, 2012. The Hillyard Santa Toy Give Away will be at the Bank of America on Thursday and Friday, Dec 15<sup>th</sup> and 16<sup>th</sup> and continue on Monday, Dec 19<sup>th</sup>, through Tuesday, Dec. 23<sup>rd</sup>, from 10:00am to 4:00pm. If you can spare several hours in the mornings or the afternoons - we would welcome any and all help. Please call John at 509-475-1456.

## Northwest Lions Foundation

This year again has shown a low number of dollars collected for White Cane thus giving a short fall in monies to return to our communities. The loss of many state programs has increasingly placed a burden on the funding from our Northwest Lions Foundation. We want to thank all the clubs that have given to the programs and ask others to consider looking at their budgets and supporting the NLF in our effort to provide to those individuals in need.

Many opportunities are there: Year-end giving, Northwest Lions endowment funds, or setting up a trust fund to help provide continuing support of lion's efforts. Our District has received a lot of aide and not only given to clubs that have support the Foundation but too many that have not. One of our biggest recipients is the Low Vision Clinic in Spokane. The clinic provides service to individuals in Districts D and F also, supporting the Inland Empire and greater areas.

So please take a close look at you budgets and consider club, individual, or corporate support of the NLF. Thank you, PDG Brian Ross, 19E Trustee, Northwest Lions Foundation.

*PDG Brian*

## Peace Poster Contest

I am proud to announce our District "E's" Peace Poster Contest winner for the year 2011-2012. The winner is James (Jay) Schomer, age 13 from Shaw Middle School. A big congratulation goes out to the Spokane Central Lions Club for sponsoring James. I am hoping that James and his family will be able to attend our Spring Conference, so he can be recognized for his wonderful interpretation of this year's theme "CHILDREN KNOW PEACE".

DG Lion Gerald Mottl and his wife Ena, PDG Lion Jerry Flood and his wife Donna, PDG Lion Bob Ekler, 2<sup>nd</sup> VDG Lion Ken Cook and myself, judged all the winning Peace Posters and we came up with our District winner, this was not an easy task with so many beautiful Posters to choose from.

All winning posters will be on display during our District Spring Conference. Once again DG Lion Gerald and myself would like to thank all the participating Lions Clubs and the Zone Chairpersons for their support.

I would also like to address what I think is a problem. Out of our District's 56 Lions Clubs only 6 clubs participated in this year's International Peace Poster Contest. I am open to suggestions on how we can improve this situation by getting more clubs involved. Please feel free to e-mail me or call me with your suggestions. Thank you,

Peace Poster Chairperson, [eklerrobert@yahoo.com](mailto:eklerrobert@yahoo.com) (208) 443-7039

*P3C Cheryl*

## Diabetes

Here it is December so let's think healthy this holiday season. When eating think of portions control such as palm of your hand 3 ounce serving of meat, fish, poultry, size of thumb is 1 ounce cheese, your fist is your portion of pasta or fruit, the size of a tennis ball is 1 serving of milk, yogurt, or fresh greens. Now, if weighing your food is hard, here is a different approach - use the Idaho Plate method. Using a nine inch plate, put your veggie salad on one half of your plate, use 1/4 of the plate for protein and the other 1/4 for carbs. One eight ounce glass of skim milk, fruit according to size. Here are some apps for you that have iPhone and such; crab counting with Lenny: medtronic minimed, inc. dlife Diabetes Companion: Lifemed media. Both are free. I have told these are easy to use. Be sure to enjoy yourself but be careful with your portions. As a holiday treat, treat yourself like the very special Lion that you are!!

Happy Holiday and Merry Christmas to All.

*Lion Kay*

## Global Membership Team

From your GMT Chairperson. This year has flown by very fast. Every lion has been involved with club projects and support activities, and their personal life. All members take a personal effort to help those in needs and carry a passion for their communities and the needs of less privileged individuals. Let's take a close look in review of our membership so far this year:

	<u>Deceased members</u>	<u>Dropped</u>	<u>New</u>
July	2	13	9
August	1	12	7
September	3	23	11
October	3	26	17
November	<u>0</u>	<u>10</u>	<u>25</u>
Totals	9	84	69

This is just from the clubs that do a great job in reporting their statistics to Lions International. We have not heard from Davenport since 10/2010, Elkford 6/2011, Smelterville 5/2011, Blanchard 3/2011, Kootenay Slocan 9/2011, and Beaver Valley 7/2011. By not reporting membership and activities, your officers are jeopardizing their International blanket insurance that covers your membership and officers during projects and activities. This also reflects upon your District Governor in his efforts to provide support and needed information to make a successful year for his team and your club officers. Please take a little time to provide these reports.

As the GMT chairperson for our District, I would like to stress that in order for Lions clubs to survive and meet the needs of the future. We need to be more active, visible, technological, and start asking the younger individuals of our communities to see the passion that you have seen. We are in tough times and by forming a better union of young and older folks, we will see our organization continue to fill the needs of tomorrow.

*PDG Brian Ross*

### **From 2<sup>ND</sup> VDG Ken...**

Here it is December already the year is just flying by. It seems like it was just July. I see that all clubs are busy, with all these projects.

I hope everyone had a good time for Thanksgiving, in the states, that is.

I was over at PDG Jerry's house last week with DG Gerry, PDG Bob, PZC Cheryl, too judge the Peace Posters for our district. It was pretty hard there was some very good ones to choose from, but we got the job done.

The District Governor Gerry was at Post Falls on Nov 16 and one of the Three Musketeers came along and they raised a few more dollars for the Fun Night in Fernie. If any club or member would like to help buying tickets just let me know and I will get them to you. I did get some help from the Rockford club for supply, thank you.

I want to thank you secretary for getting your MMR's and VAD's in, you increased them by 20%. I know you can reach 100% if you try. We still are in of Two Zone Chairman in 9 & 10. We are looking for someone to be the 2 VDG next year, I know there is someone out there that would like to step forward.

**In closing I want to wish everyone a very MERRY CHRISTMAS and a HAPPY NEW YEAR.**

208-765-2538, [kcook12@roadrunner.com](mailto:kcook12@roadrunner.com)

*2nd VDG Ken*